



General notes from the director - The show is set in Cheshire (hence the name) however, to me, not all of the characters need a Cheshire Accent. While accents would be nice, the only two characters that in my view need a Cheshire accent would be Hilary and Siobhan. All characters must be able to portray vulnerability, as well as having good comic timing. The recommended playing ages are guides, and they are flexible. They are more of a guide for the age dynamic of the group.

Hilary (age - 55+) - The self proclaimed leader of the group. Has a really hard shell, and can be quite brash with it, but has an incredibly vulnerable undertone which is trying to be hidden. (Preferred Cheshire accent)

Siobhan (age - 50+) - Hilary's best friend of many years. Tends to let Hilary stay in control of everything (when it suits her), but ready to challenge anything that she doesn't agree with. She is kind, caring and incredibly supportive. Realistically, Siobhan is the glue that holds the team together. (Preferred Cheshire accent)

Yvonne (age - 40+) - overworked, unfit, stressed out mum who is mainly looking forward to a weekend away from the family. Fed up of life, but incredibly kind hearted.

Vicky (age - 40+) - The sexy cougar of the group. Fit, healthy, glamorous divorcee, and just in the starts of a relationship with her young toy boy. She is flirty and kind, ready for the world but not obnoxious. A very confident lady.

Maggie (age 25-40) - Young mum, new to the group of girls. Shy, unfit, and a last minute replacement to the team. Kind and caring from the start, and just wants to meet new friends.

Andrew (age 25-35) - Young attractive toy boy of Vicky. Kind and flirty, always up for a laugh, but has a genuine caring side.

Smaller roles

Aerobics instructor/ Charming drunk - Smaller role - a couple of small comedy parts for a male. Audience interaction required for the Aerobics instructor. Charming Drunk is a suave sophisticated charming man.

Madge and Ethel - Two elderly Marshall's cheering on the runners, some really nice comedy lines between the two ladies